



FRASER PARK BULL



Well we have reached the end of Term 2 and the students have worked really hard, especially in their phonics learning in Kungari and independent writing in the Wuldi and Wanyi classes. So enjoy your mid-year break and we will see you all refreshed and ready for Term 3.

This coming Friday is a busy day as we have the Auskick wind up for Kungari and Wuldi from 12:15am onwards. The end of term assembly will be held in Kungari at 11:45am and everyone is welcome to attend where the Kiwanis Terrific Kids and End of Term awards will be presented.

On Tuesday, the school participated in the NAIDOC Week mini marathon where students could walk, jog or run a full lap of the oval. Each student who participated was presented a medal that was kindly donated by Aunty Trish. At the end of the day, students all received a cupcake baked by Aunty Trish to celebrate the mini marathon and NAIDOC Week.



Diary Dates

Website: stg.fraserpkps.sa.edu.au
Facebook: Fraser Park Preschool—6 School
Mobile Number: 0447 071 864



2nd July—7th July, 2023	NAIDOC Week
7th July, 2023	End of Term 2
24th July 2023	Beginning of Term 3
18th August 2023	The Bend Excursion R—6



Principal's Piece

As we reach the end of the term, it is lovely to see our students continuing to work hard in the classroom. Over the last few weeks, staff have been busy completing testing. This testing helps staff plan for the next term to ensure the learning is targeted and where it needs to be. Our students have completed their testing with the results, showcasing their hard work and dedication. We can see their improvement, and we couldn't be prouder!

This week staff have reflected on our Site Improvement Plan. We have two goals in primary school, improving reading achievement and mathematics – particularly in numbers. As I visit the classrooms and analyse the testing data, I see we meet these goals. Daily I get several visitors to my office, or I have students in the classroom showing me their work. They can explain their learning and are so proud of their achievements. Having the student's share their understanding with me is a highlight of my day. Next term, the NAPLAN results will be released. Please see me or your child's teacher if you have any questions about this. Next term, the year one students will participate in the year one phonics test, and later in the term, selected year levels will complete PAT testing.

I would also like to praise our students for their consistent attendance, which has remained above 75% this semester. I would also like to thank our families for supporting your child/children with regular attendance and communicating with us when there are absences. Next semester my goal is to raise our average attendance to over 85%. We can do it!

In other news, reports will be sent home this week. If you have any questions or concerns, please don't hesitate to contact your child's teacher. We are here to support you every step of the way.

Lastly, please mark your calendars for Thursday's assembly, where we will acknowledge our TERRIFIC kids and present the Student of the Term awards. It's a beautiful opportunity to celebrate our outstanding students' achievements and positive contributions.

As we head into the break, we hope you all have a fantastic time and enjoy well-deserved rest. We look forward to seeing you refreshed and ready for the next term.

Kimberly

“Education is the most powerful weapon you can use to change the world.”

B.B. King

Autism Awareness



The Spoon Theory



The Spoon Theory was something I first heard about at my positive partnership training back in February. I felt it was good to highlight it now as we head towards the end of the term and the school holidays as student maybe using more spoons for activities than normal and tensions might be more heightened.

Spoon Theory has become a very useful way of talking about energy levels, interoception and self-regulation. The theory was developed by Christine Miserandino, as a way to express how it felt to have an invisible illness or disability. She used spoons to provide a visual representation of units of emotional and/ or physical energy a person might have.

Christine explained the theory to her friend by grabbing all the spoons nearby and handed them to her friend.

She told her friend "most people wake up with an endless supply of spoons, but here, for this experiment, you have 12". She asked her friend to walk her through her day. For each activity (waking up, showering, getting dressed), Christine took a spoon away.

Christine used this metaphor to explain that when she wakes up, she has a limited number of spoons. She must be meticulous about every choice she makes.

If we think about this theory in terms of our neurodivergent children it is up to us to keep in mind how many spoons it takes for them to complete a task and when they might be running low. This is where we can adapt and modify daily life and tasks for them so they don't run out of spoons.



July School Holiday Activities

 Animals Anonymous Monday 10 July Session 1: 10:30am-11:30am Session 2: 12pm-1pm All Ages	 James' Travelling Magic Show Wednesday 12 July Session 1: 11am-12noon Session 2: 2pm-3pm Ages: 5-12yrs
 Escape Room: Lost in Space Wednesday 19 July Session 1: 10am-10:30am Session 2: 10:30am-11am Session 3: 11am-11:30am Session 4: 11:30am-12noon Ages: 8-14yrs	 Family Film Lyle, Lyle Crocodile Friday 21 July Session 1: 10am-12noon Session 2: 2pm-4pm All Ages

The Murray Bridge Library has a variety of activities scheduled. Check out the program and make sure you contact the library to book. 8538 1175

Different activities require a different number of spoons.

 Get out of bed	 Read/Study	 Socialize	 Go to work
 Dressed	 Drive	 Light housework	 Go to school
 Watch T.V	 Shower	 Go to medical visits	 Attend social event

Pastoral Passage



There have been many positive things happening around the school this term. Kimberly, the teachers and all the staff have worked very hard. Well done to Aunty Trish Lloyd for organising the NAIDOC Activities for the final week of school for Term 2, well done. It is important to acknowledge and join together to celebrate Aboriginal and Torres Strait Islander culture and language as it makes up the fabric of the people of Australia who now call Australia home. Personally, I would like to pay my respects to Elders past, present and emerging as they show leadership, wisdom and maturity to the younger generations of Indigenous people.

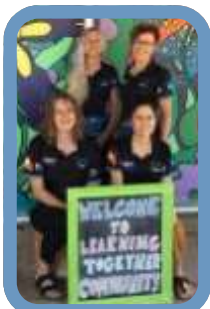
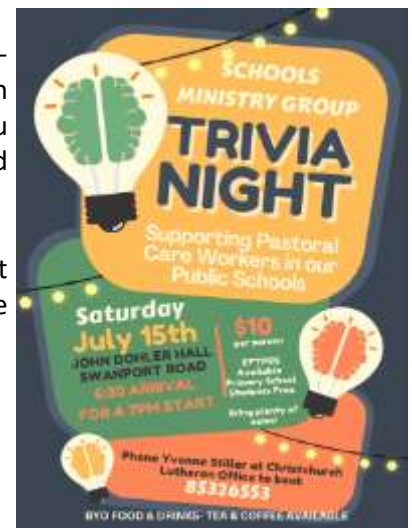
Kingdom Kids Club this coming week on Wednesday 5th July will return to Pinyali classroom after a few weeks in the Library due to the Book Fair hosted in Pinyali classroom over several weeks. Thank you to Anne Hein, our teacher/librarian, for letting us use the Library for Kingdom Kids Club. The past couple of weeks we have been talking about what we see and what we hear affects our thinking and actions. We based last week's session on King David who stood on top of the roof of his palace in Jerusalem and saw Beersheba bathing. Instead of looking away he kept looking and ended up committing adultery and murder to get what he wanted, falling into sin. It may well satisfied David's desires but there were consequences and he paid a price for what he did.

This leads me to the topic of 'screen time'. What our children watch and hear on the small and larger screens and what games they are playing as their minds are still developing. As parents we need to be very much aware of what they are watching online, watching on television such as things on Netflix, Binge and so on. Age-appropriate content and putting a block on the device that only allows content for children is a good start. The second major concern that has come out of research is the amount of time our children are spending on screens is not good for them. It is and can become addictive very quickly which affects the brain chemistry of the child. Giving our children a constant 'fix' of screen time to keep them quiet results in lots of behavioural issues. As a parent would you allow a complete stranger in their bedroom. This is what the internet allows as the 'gateway' into your child's world. Please do not get me wrong there are lots of great things children can learn and enjoy on the small and large screens.

My message for the school holidays is to enjoy time together as a family and as parents we need to set an example and put our mobile phones down when our children are talking to us. Or tell them you speak to them when you finish the message you are on or email. Get outside and enjoy some fresh air, go to the park, play board games or cards with your kids at home.

My prayer for the Fraser Park School community is you get a time of refreshment and time out so that you come back to school ready to go for Term 3 and have some special times together as family.

Ian Kluge
Chaplain



Come along to the Learning Together Community playgroups. We are based on the Fraser Park Primary School site.

Our playgroups are all about playing, singing, learning, and having fun together. Morning tea is provided for the kids and tea, coffee, and milo for you. We are fully funded by the Department for Education.

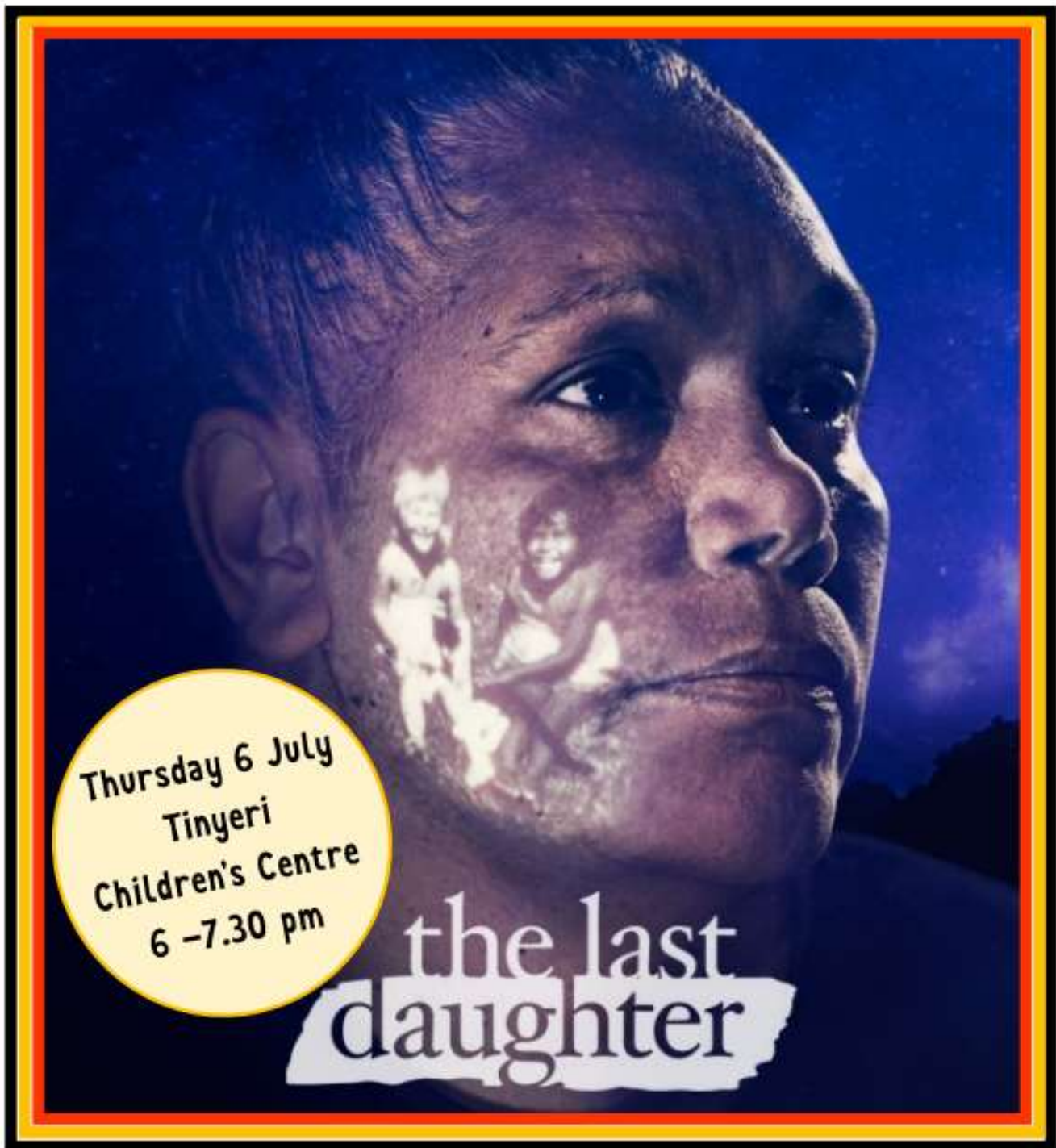
Drop in for a play on Monday or Wednesday at 10:00 am or into our Baby play on Tuesday Mornings. Other programs are available too! Nature Play at local parks, Cooking Together and Parenting programs.

For more information call Adele on

0423 020 991

Learning Together Team





Please join us in NAIDOC week for the special screening of The Last Daughter. A movie to inspire reconciliation and a deeper connection of our shared history and cultures.

Scan QR code to secure your free ticket

<https://www.trybooking.com/CJNPG>



Arrow Tag

Get out of the house this school holidays and meet some new friends whilst getting your heart pumping!

Facilitated by *Archery Attack*, Arrow Tag brings together Archery and Dodgeball in the one game. Navigate an obstacle course while firing and dodging arrows! Don't worry, the arrows have soft ends.



WHEN: Tuesday 11 July, 11am-12:30pm

WHO: Children aged 8-12 years

WHERE: Fraser Park Primary School
Gymnasium, 25-27 Burdekin Ave

COST: Free!

BOOKINGS: Limited sport. Contact
the Wellbeing Hub on 0468 640 800
or email wellbeinghub@mbcci.org.au

This is a joint project between the Rural City of Murray Bridge, the Murray Bridge Community Centre and Wellbeing SA

Proudly supported by





PLAYING FOR ALL



A games-based program for children with an intellectual disability/autism and those without.

Sessions focus on promoting movement, team-work, decision making and communication.

DETAILS

WHEN: Every Monday in Term 3

TIME: 3:30pm - 4:30pm

WHO: Children aged 6- 13 years

WHERE: Fraser Park Primary School Gymnasium
25-27 Burdekin Ave, Murray Bridge

COST: \$5 for the term

BOOKINGS: Contact the Wellbeing Hub
on 0468 640 800 or wellbeinghub@mbcci.org.au
or scan the QR code



This is a joint project between the Rural City of Murray Bridge, the Murray Bridge Community Centre and Wellbeing SA



CREATE, CONNECT & LAUGH

Children aged 7 years and over, along with a significant adult in their life are invited to join us for a fun and social art workshop. A local artist will take you through the process of creating paper cut sculptures and you'll get to take your masterpiece home!


WHEN: Thursday 20 July, 10am-12pm

WHO: Children aged 7 years and over and one significant adult in their life e.g. parent, uncle, aunt or grandparent.

WHERE: The Square, 2 South Tce, Murray Bridge

COST: Free!

BOOKINGS: Contact the Wellbeing Hub on 0468 640 800 or wellbeinghub@mbcci.org.au



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July School Holiday Activities



Animals Anonymous

Monday 10 July

Session 1: 10:30am-11:30am

Session 2: 12pm-1pm

All Ages



Escape Room:

Lost in Space

Wednesday 19 July

Session 1: 10am-10:30am

Session 2: 10:30am-11am

Session 3: 11am-11:30am

Session 4: 11:30am-12noon

Ages: 8-14yrs



Family Film

Lyle, Lyle Crocodile

Friday 21 July

Session 1: 10am-12noon

Session 2: 2pm-4pm

All Ages



James' Travelling Magic Show

Wednesday 12 July

Session 1: 11am-12noon

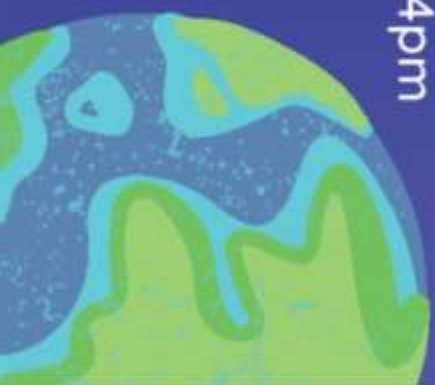
Session 2: 2pm-3pm

Ages: 5-12yrs



Murray
Bridge
Library

children's
activities



Math Melodrama

See if you can answer the questions and solve the riddle—first correct one handed up will get a prize

The Animal that Jumps Higher Than a House

Find the products. Then, solve the riddle by matching the letters to the blank lines below.

$$\begin{array}{r} E \quad 25 \\ \times 2 \\ \hline \end{array}$$

$$\begin{array}{r} M \quad 32 \\ \times 7 \\ \hline \end{array}$$

$$\begin{array}{r} I \quad 51 \\ \times 8 \\ \hline \end{array}$$

$$\begin{array}{r} A \quad 76 \\ \times 4 \\ \hline \end{array}$$

$$\begin{array}{r} S \quad 88 \\ \times 4 \\ \hline \end{array}$$

$$\begin{array}{r} C \quad 19 \\ \times 5 \\ \hline \end{array}$$

$$\begin{array}{r} A \quad 27 \\ \times 5 \\ \hline \end{array}$$

$$\begin{array}{r} H \quad 31 \\ \times 9 \\ \hline \end{array}$$

$$\begin{array}{r} U \quad 33 \\ \times 8 \\ \hline \end{array}$$

$$\begin{array}{r} N \quad 78 \\ \times 3 \\ \hline \end{array}$$

$$\begin{array}{r} A \quad 16 \\ \times 2 \\ \hline \end{array}$$

$$\begin{array}{r} O \quad 40 \\ \times 5 \\ \hline \end{array}$$

$$\begin{array}{r} N \quad 65 \\ \times 3 \\ \hline \end{array}$$

$$\begin{array}{r} T \quad 22 \\ \times 4 \\ \hline \end{array}$$

$$\begin{array}{r} N \quad 43 \\ \times 6 \\ \hline \end{array}$$

$$\begin{array}{r} S \quad 87 \\ \times 8 \\ \hline \end{array}$$

$$\begin{array}{r} U \quad 56 \\ \times 8 \\ \hline \end{array}$$

$$\begin{array}{r} J \quad 43 \\ \times 9 \\ \hline \end{array}$$

$$\begin{array}{r} Y \quad 65 \\ \times 5 \\ \hline \end{array}$$

$$\begin{array}{r} P \quad 33 \\ \times 6 \\ \hline \end{array}$$

$$\begin{array}{r} U \quad 27 \\ \times 9 \\ \hline \end{array}$$

$$\begin{array}{r} S \quad 37 \\ \times 3 \\ \hline \end{array}$$

$$\begin{array}{r} E \quad 50 \\ \times 5 \\ \hline \end{array}$$

$$\begin{array}{r} E \quad 45 \\ \times 6 \\ \hline \end{array}$$

$$\begin{array}{r} A \quad 24 \\ \times 7 \\ \hline \end{array}$$

$$\begin{array}{r} B \quad 15 \\ \times 6 \\ \hline \end{array}$$

$$\begin{array}{r} A \quad 93 \\ \times 9 \\ \hline \end{array}$$

$$\begin{array}{r} M \quad 54 \\ \times 2 \\ \hline \end{array}$$

$$\begin{array}{r} C \quad 87 \\ \times 8 \\ \hline \end{array}$$

$$\begin{array}{r} L \quad 91 \\ \times 7 \\ \hline \end{array}$$

What animal can jump higher than a house?

$$\begin{array}{r} 135 \\ \hline \end{array} \quad \begin{array}{r} 195 \\ \hline \end{array} \quad \begin{array}{r} 325 \\ \hline \end{array} \quad \begin{array}{r} 307 \\ \hline \end{array} \quad \begin{array}{r} 237 \\ \hline \end{array} \quad \begin{array}{r} 708 \\ \hline \end{array} \quad \begin{array}{r} 108 \\ \hline \end{array} \quad \begin{array}{r} 837 \\ \hline \end{array} \quad \begin{array}{r} 637 \\ \hline \end{array}$$

$$\begin{array}{r} 90 \\ \hline \end{array} \quad \begin{array}{r} 50 \\ \hline \end{array} \quad \begin{array}{r} 95 \\ \hline \end{array} \quad \begin{array}{r} 32 \\ \hline \end{array} \quad \begin{array}{r} 448 \\ \hline \end{array} \quad \begin{array}{r} 111 \\ \hline \end{array} \quad \begin{array}{r} 250 \\ \hline \end{array}$$

$$\begin{array}{r} 279 \\ \hline \end{array} \quad \begin{array}{r} 200 \\ \hline \end{array} \quad \begin{array}{r} 243 \\ \hline \end{array} \quad \begin{array}{r} 696 \\ \hline \end{array} \quad \begin{array}{r} 270 \\ \hline \end{array} \quad \begin{array}{r} 352 \\ \hline \end{array} \quad \begin{array}{r} 696 \\ \hline \end{array} \quad \begin{array}{r} 168 \\ \hline \end{array} \quad \begin{array}{r} 258 \\ \hline \end{array} \quad \begin{array}{r} 88 \\ \hline \end{array}$$

$$\begin{array}{r} 387 \\ \hline \end{array} \quad \begin{array}{r} 267 \\ \hline \end{array} \quad \begin{array}{r} 227 \\ \hline \end{array} \quad \begin{array}{r} 198 \\ \hline \end{array}$$

Pulyeri Newsletter

Preschool at Fraser Park



We are currently taking registrations of interest for preschool in 2024.

If your child turns 4 before May 1st, they are eligible for entry in Term 1, 2024

If your child turns 4 between May 1st and October 31st, they are eligible for entry in Term 3, 2024.

Children are eligible for 600 hours (4 terms) of preschool, before starting Reception. Children who start preschool in Term 3 will start Reception in Term 3 of the following year, and complete 6 terms of Reception.

End of Term

We wish all of our families an enjoyable winter break.

Our first day back for Term 3 will be

Monday the 24th of July.

Week 1 of Term 3 will be a 2 day week.

Mid-Year Entry

Next term, we will be welcoming 6 new children into our current sessions. They have attended some transition visits over the last few weeks, and we are so excited to have them join us!

Keeping in Contact with Preschool

There are several ways to keep in touch with me at Preschool. If you have set up Class Dojo, please use this first.

Otherwise, you can call/text the school mobile on 0447 071 864

I also use the school's Facebook page to share information and reminders. Use this QR code to access.



Warmly, Miss Bec

Pulyeri Newsletter

Preschool at Fraser Park



Bugs & Slugs!

In Week 8, we welcomed James from Bugs & Slugs to our preschool for a very informative session about insects! We got to look, touch and ask lots of questions, Our children also used clipboard to record their ideas!

